

ROYA AMIRNIROUMAND

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EDUCATION

- Doctor of Philosophy (Ph.D.), Clinical Psychology, Health Concentration** 2021
Nova Southeastern University, Fort Lauderdale, FL *expected*
APA-Accredited
- Dissertation** Examining beverage consumption patterns in middle school adolescents before and after a school-based water challenge.
- Committee** Jessica M. Valenzuela, Ph.D. (Chair), Elizabeth Pulgaron, Ph.D., Paula M. Brochu Ph.D., and Christian DeLucia, Ph.D.
- Master of Science, Clinical Psychology** 2017
Nova Southeastern University, Fort Lauderdale, FL
APA-Accredited
- Master of Arts, Women's and Gender Studies** 2014
Rutgers, The State University of New Jersey, New Brunswick, NJ
- Bachelor of Arts, Psychology** 2012
Minors in Substance Use Disorders and Women's and Gender Studies
Ramapo College of New Jersey, Mahwah, NJ

PUBLICATIONS

- Tatum, K.L., Valenzuela, J.M., **Amirniroumand, R.**, & Brochu, P.M. Systematic review: Parent's perceptions of and responses to school-based BMI screening programs. Manuscript under review.
- Brochu, P.M., & **Amirniroumand, R.** Applying the attribution-value model of prejudice to fat pedagogy in health care settings. In H.A. Brown, & N. Ellis-Ordway (Eds.), *Do No Harm: Fattening Pedagogy for Current and Future Health Care Providers*. Proposal accepted.
- Valenzuela, J.M., Tsikis, J., & **Amirniroumand, R.**, & Centurion, A. (2019). Pediatric conditions. In J. J. Ponzetti Jr., M. Blankemeyer, S.M. Horan, H. Lyons, & A. Shigeto (Eds.), *Macmillan Encyclopedia of Intimate and Family Relationships* (658-664). Macmillan Reference USA.
- Amirniroumand, R.**, Valenzuela, J.M., Smith, L.B., Nicholl, M.C., Dolan, L.M., & Powers, S.W. (2017). Adolescent and caregiver perspectives on provider-patient interactions in type 2 diabetes. *Clinical Practice in Pediatric Psychology*, 5(4), 404-414.

ORAL AND POSTER PRESENTATIONS

- Amirniroumand, R.**, Tatum, K.L., Ali, R., Perez-Carrion, K., & Valenzuela, J.M. (2020, March). *Trends and outcomes of a school-based campaign to reduce sugar-sweetened beverage consumption among racially and ethnically diverse students in middle school*. Poster presented at the Society of Pediatric Psychology Annual Conference, Dallas, TX.

- Tatum, K., **Amirniroumand, R.**, Yanguas, J., Centurion, A., & Valenzuela, J.M. (2019, August). *Understanding racial/ethnic minority parents' perceptions towards school-based BMI screening*. Poster presented at the annual American Psychological Convention, Chicago, IL.
- Valenzuela, J.M., Perez-Carrion, K., **Amirniroumand, R.**, Tatum, K., & Atwood, R. (2018, August). *Community-led research: Empowering caregivers, youth, and community systems to change pediatric health*. In A.M. Butler (Chair), *Community-engaged research in pediatric psychology: Approaches and funding considerations*. Symposium presented at the annual American Psychological Convention, San Francisco, CA.
- Amirniroumand, R.**, Valenzuela, J.M., Tatum, K., Perez-Carrion, K., & Ali, R. (2018, April). *Partnership for childhood obesity solutions: Community based participatory research (CBPR) & youth engagement*. Poster presented at the Society of Pediatric Psychology Annual Conference, Orlando, FL.
- Amirniroumand, R.**, Valenzuela, J.M., Smith, L.B., Nicholl, M.C., Dolan, L.M., & Powers, S.W. (2017, March). *Adolescents' perspectives of provider-patient interactions in type 2 diabetes*. In L.B. Smith & J.M. Valenzuela (Co-Chairs), *Provider-patient interactions within medical visits: Challenges and opportunities for promoting collaboration*. Symposium at Society of Pediatric Psychology Annual Conference, Portland, OR.
- Amirniroumand, R.**, Millen, D., & Stripling, A. (2016, August). *Aging women: Mental health predictors of type 2 diabetes*. Poster presented at the annual American Psychological Convention, Denver, CO.
- Clavelo, M., **Amirniroumand, R.**, & Ishak, S. (2012, July). *Through the hole: On the development of body and object perception*. Poster presented at the meeting of the International Congress of Psychology, Cape Town, South Africa.
- Haymaker, J., Ishak, S., Clavelo, M., & **Amirniroumand, R.** (2012, July). *Accidents may be due to too tiny safety margins*. Poster presented at the meeting of the International Congress of Psychology, Cape Town, South Africa.
- Haymaker, J., Clavelo, M., **Amirniroumand, R.**, & Ishak, S. (2012, April). *Through the hole: Measuring functional object knowledge*. Poster presented at the 57th annual New Jersey Academy of Science Meeting, Seton Hall University, South Orange, NJ.
- Ishak, S., **Amirniroumand, R.**, & Clavelo, M. (2011, March). *Children's accuracy at fitting objects and the body through openings*. Poster presented at the meeting of the Society for Research in Child Development, Montreal, Canada.
- Amirniroumand, R.**, & Clavelo, M., & Ishak, S. (2010, October). *An examination of children's accuracy at fitting the body and objects through openings*. Poster presented at the annual Coalition of Public Liberal Arts Colleges Northeast Regional Conference Massachusetts College of Liberal Arts, North Adams, MA.

Amirniroumand, R., & Clavelo, M. (2010, April). *Children's accuracy of fitting body and objects through openings*. Poster presented at Psychology Symposium at Ramapo College, Mahwah, NJ.

INVITED LECTURES

Spearmen, Z., & **Amirniroumand, R.** (2020, April). *An introduction to psychology's role in integrated primary care*. [Webinar]. Presented to the College of Psychology's clinical psychology doctoral students and faculty, Nova Southeastern University.

Valenzuela, J.M., & **Amirniroumand, R.** (2019, October). *Diabetes distress: Let's talk about it!* Presented at South Florida Association of Diabetes Educators (SFADE), Hollywood, FL.

Amirniroumand, R. (2018, August). *Challenges of diabetes management and problem-solving strategies for parents of children with T1D*. Presented at the annual JDRF Back to School Bash, Sarasota, FL.

Amirniroumand, R. (2018, February). *Experiences of adolescents and young adults with type 2 diabetes and their caregivers during medical encounters*. [Webinar]. Presented to the Adolescents and Young Adults Special Interest Group, Society of Pediatric Psychology.

Valenzuela, J.M., & **Amirniroumand, R.** (2017, February). *Using qualitative inquiry to give voice to patient populations*. Presented to medical residents at Broward Health Medical Center, Fort Lauderdale, FL.

SUPERVISED CLINICAL EXPERIENCE

Comprehensive Pediatric Diabetes Center & Multidisciplinary Weight Management Clinic 08/2019-Present

Clinic Coordinator

Broward Health Salah Foundation Children's Hospital, Fort Lauderdale, FL

Supervisor: Jessica Valenzuela, Ph.D.

Maintained patient/flow encounter data, managed clinical materials and data, prepared training orientation materials, created patient handouts, scheduled didactics to increase education opportunities for practicum students, assisted with umbrella supervision to practicum trainees and provided additional support to interns assigned to Broward Health.

Psychological Assessments 08/2018-05/2019

Psychology Trainee

Pediatric Psychology Associates' Growing Tree Foundation, Aventura, FL

Supervisor: Judith Migoya, Psy.D.

Collaborated on and administered, scored, and interpreted neuropsychological assessment batteries (e.g., NEPSY-II, D-KEFS WISC/WAIS, WRAML-2, and ADOS) for children, adolescents, and young adults presenting with learning disabilities, ASD, ADHD, and other psychiatric concerns. Participated in initial consults/intakes and feedback sessions with patients and their families. Completed integrated reports with recommendations to improve academic and socio-emotional functioning.

The SOCIAL COG Program 08/2018-05/2019

Psychology Trainee

Pediatric Psychology Associates' Growing Tree Foundation, Aventura, FL

Supervisor: Nicholas Maccarrone, Psy.D.

Utilized PEERS for Young Adults, an evidenced-based protocol, to improve social skills and overall social functioning in independently functioning adults with developmental and learning disabilities.

Division of Pediatric Hematology/Oncology

09/2017- 09/2018

Psychology Trainee

Mailman Center for Child Development

University of Miami Miller School of Medicine, Miami, FL

On-Site Supervisor: Winsome Thompson, Ph.D.

Intensive Supervisor: Diana Formoso, Ph.D.

Provided inpatient and outpatient individual and family psychotherapeutic services to children, adolescents, and young adults diagnosed with cancer, sickle cell disease, and other blood-related disorders. Worked as part of a multidisciplinary team with healthcare professionals across various specialties including physicians, nurses, and child life specialists. Attended weekly interdisciplinary rounds and other treatment-related meetings. Administered, scored, and interpreted neuropsychological assessment batteries (e.g., WRAML-2 and Grooved Pegboard Test) and wrote comprehensive integrated reports with recommendations to improve patient's academic and socio-emotional functioning.

Psychological Assessment Services

03/2018-08/2018

Psychology Trainee

Mailman Center for Child Development

University of Miami Miller School of Medicine, Miami, FL

Supervisors: Lynn Kerdyk, Ph.D., Ellen Kolomeyer, M.S.

Administered, scored, and interpreted various psychoeducational batteries (e.g., WISC-V, KTEA-3, and CTOPP-2). Completed comprehensive integrated reports with recommendations to improve academic functioning and other developmental and psychiatric concerns in children and adolescents.

Pediatric Diabetes Support Group

02/2017-10/2018

Group Facilitator

College of Psychology, Nova Southeastern University, Fort Lauderdale, FL

Supervisor: Jan Faust, Ph.D.

Co-facilitated monthly psychoeducational and support groups for parents/caregivers of youth diagnosed with T1D. Session topics include effective communication, barriers to adherence, diabetes management, and adjustment to diagnosis.

Child, Adolescent, & Family Services (CAFS)

05/2016- 03/2018

Psychology Trainee

Psychology Services Center, Nova Southeastern University, Fort Lauderdale, FL

On-Site Supervisor: Yukari Tomozawa, Psy.D.

Intensive Supervisors: Lourdes Suarez-Morales, Ph.D., Jessica M. Valenzuela, Ph.D.

Provided evidence-based individual and family psychotherapeutic services to children and adolescents experiencing various externalizing and internalizing behavioral difficulties. Administered, scored, and interpreted individualized assessment batteries including tests of attention, behavior, and emotion regulation. Developed treatment plans, monitored treatment progress, and completed treatment/diagnostic summaries. Discussed case conceptualization, treatment plans, and treatment progress in weekly supervision meetings. Attended weekly case conferences and didactic seminars.

WORK EXPERIENCE

Pediatric Psychology Associates 06/2019-Present

Psychometrician/Psychology Assistant

Aventura, FL

Supervisor: Judith Migoya, Psy.D.

Administered, scored, interpreted various developmental neuropsychological batteries and utilized a collaborative assessment and treatment approach to determine to determine cognitive, emotional, and behavioral status of children, adolescents, and young adults. Completed academic evaluations to assess school readiness, inform instructional practices in the classroom, and additional learning accommodations/needs among elementary-aged students.

David A. Yudell Psy.D. & Associates 06/2016-07/2019

Psychometrician

Plantation, FL

Supervisor: David Yudell, Psy.D.

Administered, scored, and interpreted various psychoeducational batteries for children and adolescents presenting with academic difficulties. Conducted mental status examinations and learning disability evaluations for children and adults applying for disability benefits. Assessments utilized included intelligence, achievement, and objective personality assessments. Wrote comprehensive integrated reports for academic evaluations. Consulted with teachers, school staff, and medical professionals for a collaborative assessment and treatment approach.

RESEARCH EXPERIENCE

Graduate Research Assistant 09/2015-Present

Promoting Health and Eliminating Disparities (PHED Up) Research Lab

College of Psychology, Nova Southeastern University, Fort Lauderdale, FL

Supervisor: Jessica Valenzuela, Ph.D.

Assisted in the development and implementation of a study examining the experiences of parents who received notification through the BMI Surveillance Program in Broward County; managed lab website and meeting minutes; provided support to new research assistants; and, participated in volunteer opportunities held in the community.

Graduate Research Assistant 09/2013- 12/2013

Department of Social Work

Rutgers, The State University of NJ, New Brunswick, NJ

Supervisor: Kristin Scherrer, Ph.D.

Compiled list of best practices in LGBTQ inclusivity at schools and departments of social work in the U.S.

Graduate Research Assistant 09/2013- 12/2013
The Tyler Clementi Center

Rutgers, The State University of NJ, New Brunswick, NJ

Supervisor: Jeffrey Longhofer, LCSW, Ph.D.

Assisted in the organization of educational events and programming related to the impact of bias, peer aggression, and campus climate on postsecondary students who experience marginalization or stigma related to their race/ethnicity, gender, sexual orientation, among other marginalized identities. Created database on university-wide diversity and inclusion policies and trauma-informed practices/initiatives of Big Ten Schools.

Undergraduate Research Assistant 09/2009- 01/2013
Child Development Lab

Ramapo College of NJ, School of Social Science and Human Services, Mahwah, NJ

Supervisor: Shaziela Ishak, Ph.D.

Collaborated in the development and implementation of two studies exploring the psychological factors related to entrapment injuries among children; assisted in recruitment and intake interviews; assisted in training of new research assistants; analyzed data; prepared manuscript.

TEACHING EXPERIENCE

Graduate Teaching Assistant Summer 2020

PSY 4681 Chronic Pain/Illness Management

College of Psychology, Nova Southeastern University, Fort Lauderdale, FL

Lead instructor: Jessica M. Valenzuela, Ph.D.

Managed and graded course content.

Graduate Teaching Assistant Spring 2019

CDM 3080 Behavioral Science

College of Dental Medicine, Nova Southeastern University, Fort Lauderdale, FL

Lead instructor: Keith Lit, Ph.D.

Assisted in development of course content, facilitated face-to-face and online discussions among two groups of third year dental students regarding course material and graded course content. Conducted live clinic observations and individual evaluations based on student interviewing strategies, communication skills, and anxiety/pain management with patients presenting to clinic for dental services.

Graduate Teaching Assistant Fall 2018

PSY 0607 Social Psychology

College of Psychology, Nova Southeastern University, Fort Lauderdale, FL

Lead instructor: Paula Brochu, Ph.D.

Facilitated online discussions among graduate students regarding course material, graded course content.

Guest Lecturer Fall 2018

Introduction, Treatment Research, and Developmental Considerations

PSY 2604 Child and Adolescent Interventions

College of Psychology, Nova Southeastern University, Fort Lauderdale, FL

Lead instructor: Lourdes Suarez-Morales, Ph.D.

Graduate Teaching Assistant

Fall 2016

PSYC 2110 Human Sexuality

Department of Psychology & Neuroscience, Nova Southeastern University, Fort Lauderdale, FL

Lead instructor: Valerie Starratt, Ph.D.

Facilitated online discussions among undergraduate students regarding course material, and graded course content.

Guest Lecturer

Fall 2016

Across the Life Span: Childhood

PSYC 2110 Human Sexuality

Department of Psychology & Neuroscience, Nova Southeastern University, Fort Lauderdale, FL

Lead instructor: Valerie Starratt, Ph.D.

COMMUNITY-BASED SERVICE AND LEADERSHIP

Group Facilitator

06/2019

Camp Coral Diabetes Camp

Broward Health Medical Center, Coral Springs, FL

Co-facilitated of psychoeducational groups for children ages 5-16 with T1D and used hands-activities to demonstrate muscle relaxation and deep breathing strategies for anxiety management.

Community- Academic Liaison

08/2016-08/2018

Florida Introduces Physical Activity and Nutrition to Youth (FLIPANY)

Fort Lauderdale, FL

Supervisor: Kristine Perez-Carrion, M.A., MMedSci.

Managed communications, developed research capacity, outreach and coalition building for the community led and school-based health initiative, 'Healthy Students, Healthy Community' (HSHC), a partnership between a local non-profit, FLIPANY, researchers at NSU, and a Title I middle school in Broward County (funded by the PCORI Pipeline to Proposal Award); developed and assisted in the evaluation of school-based health initiatives (funded by the Action for Healthy Kids grant program); assisted in the development of a youth advisory board and the community- and school-led assessment of the school's wellness policies (funded by Aetna's Cultivating Healthy Communities Program).

Women with Pride Coordinator

02/2014-06/2016

The Pride Center at Equality Park

Wilton Manors, FL

Supervisor: Kristofer Fegenbush, COO, MSW

Provided education and linkage services to South Florida LBT women and their allies. Expanded the LBT Health Directory, an online resource linking women to culturally competent healthcare providers. Coordinated various events and workshops (i.e., a holistic health seminar series,

family series for prospective and current LGBT parents, annual charity drives and breast cancer awareness events).

PROFESSIONAL SERVICE, LEADERSHIP, AND AFFILIATIONS

Graduate Assistant 08/2019-Present

Clinical Health Psychology (CHP) Concentration

College of Psychology, Nova Southeastern University, Fort Lauderdale, FL

Supervisor: Jessica Valenzuela, Ph.D.

Managed health concentration database tracking student fulfillment of course requirements and CHP practicum. Assisted concentration coordinator in the organization of first year informational meeting and health-related practicum panel. Conducted CHP program student interviews with CHP concentration core faculty members.

Ad-hoc Junior Reviewer

11/2017-02/2018

Mentor: Jessica Valenzuela, Ph.D.

Journal of Pediatric Psychology

Board Member

08/2016- 06/2017

Graduate Organization for Partnerships and Learning with Adolescents and Youths (GO PLAY)

Nova Southeastern University, Fort Lauderdale, FL

Supervisor: Jessica Valenzuela, Ph.D.

Program Volunteer

03/2017

Society of Pediatric Psychology Annual Conference, Portland, OR

Graduate Assistant

10/2015-09/2016

Academic Affairs

College of Psychology, Nova Southeastern University, Fort Lauderdale, FL

Supervisors: Ana Fins, Ph.D. and John Lewis, Ph.D.

Assisted coordination of Orientation for first year students and management of annual evaluation letters for all doctoral students. Graded and completed paperwork, as needed.

American Psychological Association, Divisions 38, 54

SPECIALTY TRAINING AND SKILLS

Certified ATLAS.ti Student Trainer (CAST) Program. Qualified to provide instructions in ATLAS.ti, including management of documents and new projects; coding procedures; and producing outputs.

Electronic Medical Record Systems including Cerner and Epic.

Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Program

Mailman Center for Child Development

University of Miami Miller School of Medicine

Training Director: Cristina Leon Pujol, M.S., CCC-SLP

References available upon request.