

# Chelsea Perry Wilcocks

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## Education

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**08/2015 – 06/2020 (Expected)**

**Psy.D., Clinical Psychology**

Nova Southeastern University, College of Psychology, Fort Lauderdale, FL. American Psychological Association-accredited clinical psychology program.

**Directed Study:** The impact of treating sex-trafficking survivors on clinicians: Vicarious traumatization and post-traumatic growth

**Committee:** Tom Kennedy, Ph.D., Jennifer Davidtz, Ph.D.

**08/2015 – 08/2017**

**M.S., Clinical Psychology**

Nova Southeastern University, College of Psychology, Fort Lauderdale, FL

**08/2010 – 08/2014**

**B.S., Psychology**

Minor in Health Sciences

University of Central Florida, Department of Psychology, Orlando, FL

## Clinical Experience

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**08/2018 – Present**

**Psychology Trainee**

Broward Children's Center, Pompano Beach, FL

**Responsibilities:** Provide psychotherapy, consultation-liaison services, crisis intervention, risk assessment, and assistance in coping with treatment, disability identity, and pain utilizing cognitive behavioral therapy, supportive therapy, relaxation training, and psychoeducation. Conduct psychological evaluations and provide feedback on findings regarding cognitive sequelae of medical illness and treatment. Collaborate with team of therapists including speech therapists, physical therapists, and occupational therapists to provide comprehensive services. Patients live in a residential facility and include technology dependent, medically complex, and medically fragile children, adolescents, and young adults with various medical conditions including spina bifida, muscular dystrophy, cerebral palsy, spinal cord injuries, traumatic brain injuries, and other chronic illnesses.

**Supervisor:** Michael Carifio, Ph.D.

**06/2018 – Present**

**Psychometrician**

David A. Yudell Psy.D. & Associates, Coconut Creek, FL

**Responsibilities:** Conduct psychoeducational evaluations to assess cognitive ability, academic achievement, and behavioral functioning and provide treatment recommendations as well as administer assessments, score measures, and write integrated reports.

**Supervisor:** David Yudell, Psy.D.

**08/2017- 08/2018**

**Psychology Trainee**

*Comprehensive Pediatric Diabetes Center*

Broward Health Medical Center Salah Foundation Children's Hospital, Fort Lauderdale, FL

**Responsibilities:** Conducted brief assessment, consultation, interventions (e.g. cognitive behavioral therapy, behavioral therapy, motivational interviewing, supportive counseling, family system-based approaches, psychoeducation), and provided necessary mental health referrals. Worked within pediatric endocrinology multidisciplinary outpatient clinics with a focus on diabetes and related complications. Collaborated with a team of physician specialists and allied health professionals to provide integrated services.

**Supervisor:** Jessica Valenzuela, Ph.D.

**08/2017- 08/2018**

**Psychology Trainee**

*Multidisciplinary Pediatric Obesity Clinic*

Broward Health Medical Center Salah Foundation Children's Hospital, Fort Lauderdale, FL

**Responsibilities:** Worked as part of a multidisciplinary team of gastroenterologists, endocrinologists, psychologists, and nutritionists to treat patient presenting with obesity, overweight, underweight, and other comorbid difficulties. Conducted comprehensive evaluations to assess weight-related history, nutrition behaviors, physical activity, and psychosocial functioning. Provided integrated recommendations and evidence based interventions (e.g. motivational interviewing, cognitive behavioral therapy, parent-child interaction therapy) to aid youth and their families in making healthy lifestyle changes.

**Supervisor:** Jessica Valenzuela, Ph.D.

**08/2016- 12/2017**

**Psychology Trainee**

*Child, Adolescent, and Family Services*

Psychology Services Center, Nova Southeastern University, Fort Lauderdale, FL

**Responsibilities:** Conducted evidence-based individual and family psychotherapy sessions with children, adolescents, and families in a community mental health setting. Performed outpatient biopsychosocial evaluations, administered comprehensive psychoeducational and cognitive assessments, and formulate integrated reports. Developed treatment plans for children with depression, anxiety, attention-deficit/hyperactivity disorder, oppositional defiant disorder, conduct disorder, and mood disorders.

**Supervisors:** Yukari Tomozawa, Psy.D. and Silvia Garcia-Molinet, LMHC

## **Research Experience**

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**05/2018 – Present****Co-Investigator**

*Multidisciplinary Intestinal Rehabilitation Program*

Salah Foundation Children's Hospital at Broward Health, Fort Lauderdale, FL

**Responsibilities:** Conducting qualitative interviews with parents of children diagnosed with short bowel syndrome to assess parental stressors and quality of life. After interviews are complete, transcription, data entry and analysis will be conducted to compare caregiver stress, quality of life and mental health risk of caregivers of youth with short bowel syndrome with caregivers of youth with common gastrointestinal complaints. This study also aims to better understand challenges experienced by caregivers of youth with short bowel syndrome and identify protective factors, resources and support that are perceived to be most helpful or needed.

**08/2017 – Present****Co-Investigator**

*Sex-Trafficking Survivor Research Committee*

Nova Southeastern University, Fort Lauderdale, FL

**Responsibilities:** Conducting literature review and qualitative interviews to study vicarious traumatization and post-traumatic growth in clinicians treating sex-trafficking survivors in South Florida. Research and data gathering is currently in progress.

**08/2016 – 02/2017****First Author**

*Research Organization of Children and Adolescents*

Nova Southeastern University, Fort Lauderdale, FL

**Responsibilities:** First author on a data analysis research study aiming to investigate whether there is a significant relationship between childhood abuse and adult substance use. This study was accepted by the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum for presentation at the annual conference.

**Professional Service**

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**08/2018 - Present****Clinic Coordinator**

*Comprehensive Pediatric Diabetes Center & Multidisciplinary Pediatric Obesity Clinic*

Broward Health Medical Center Salah Foundation Children's Hospital, Fort Lauderdale, FL

**Responsibilities:** Conduct ongoing training to practicum students and supplement the supervisor's training in clinic operations, compliance with policies and procedures, and treatment-tracking. Schedule monthly didactics to increase education opportunities for practicum students and follow up with patients that were provided psychology referrals. Additionally, create resources and handouts as well as perform administrative duties.

**Supervisor:** Jessica Valenzuela, Ph.D.

**05/2018 – Present****Psychology Facilitator**

Teens with Diabetes Advisory Board

Broward Health Medical Center, Fort Lauderdale, FL

**Responsibilities:** Co-founded an advisory board of teens with diabetes to improve quality of clinic, resources, and support available to children, adolescents, and young adults with diabetes. Develop resources for teens with diabetes, aid in developing a mentorship program between teens with diabetes and children newly diagnosed, facilitate discussion, aid in establishing goals and implementing changes.

**07/2018**

**Psychology Facilitator**

*Camp Coral Diabetes Camp*

Broward Health Medical Center, Coral Springs, FL

**Responsibilities:** Provided weekly lectures and activities for children ages 5 ½ - 11 with diabetes. Provided psychoeducation and led hands-on activities to inform campers about anxiety, progressive muscle relaxation, and deep breathing. Also lead camp counselors and counselors-in-training in team building activities and creating SMART goals.

## **Invited Lectures**

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**Wilcocks, C.** (2018, July). *Diabetes camp counselor training: Leadership and team building*. Lecture presented at Broward Health Medical Center, Coral Springs, FL.

**Wilcocks, C.** (2018, June) *Physician-assisted death*. Lecture presented at Nova Southeastern University, Fort Lauderdale, FL as part of the graduate course Crisis Intervention taught by Scott Poland, Ph.D.

Valenzuela, J. M., **Wilcocks, C.**, Vassilopoulos, A., & Guskowski, K. (2017, December). *The role of pediatric psychology in healthcare settings*. Lecture presented at Broward Health Medical Center, Fort Lauderdale, FL.

**Wilcocks, C.**, Vassilopoulos, A. & Valenzuela, J. (2017, October). *Depression across lifespan: Perinatal, childhood, and adolescence*. Lecture presented at Broward Health Medical Center's 2<sup>nd</sup> Annual Behavioral Health Conference, Fort Lauderdale, FL.

## **Teaching Experience**

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**08/2018 - Present**

**Graduate Level Teaching Assistant**

**Course:** PSY 3501 Integrated Report

**Instructor:** Michael Carifio, Ph.D.

**Responsibilities:** Grade integrated report assignments, grade administration and scoring of full batteries, provide feedback to doctoral students and answer questions.

**05/2018 – 07/2018**

**Graduate Level Teaching Assistant**

**Course:** PSY 4650 Crisis Intervention

**Instructor:** Scott Poland, Ph.D.

**Responsibilities:** Prepared and presented a lecture, proctored examination, and met with doctoral students to provide feedback and answer questions.

**08/2017 – 12/2017**

**Graduate Level Teaching Assistant**

**Course:** PSY 1502 - Diagnostic Interviewing

**Instructor:** Toni Richardi, Psy.D.

**Responsibilities:** Observed and graded in-class role plays, graded assignments, and provided feedback on student's videos and transcripts of biopsychosocial interviews.

## **Presentations**

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Tsikis, J., Vassilopoulos, A., **Wilcocks, C.**, Wolf, R. M., Reitblat, L., Blanco, E. J., ...Valenzuela, J. M. (2018 June). *Outpatient psychotherapy referrals in a multidisciplinary pediatric diabetes clinic*. Oral presentation at the 78<sup>th</sup> annual meeting of the American Diabetes Association, Orlando, FL.

**Wilcocks, C.**, Barbeito, C., & Iapezzuto, C. *Exploring the relationship between childhood abuse and adult substance use*. (2017 June). Poster presented at the 1<sup>st</sup> Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum, College Park, MD.

## **Offices and Service in Professional Organizations**

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- 07/2018** Ad-hoc reviewer with Jessica Valenzuela, Ph.D. for *Clinical Practice in Pediatric Psychology*.
- 11/2016 – 08/2017** Co-founder and Public Relations Director  
Research Organization for Children and Adolescents (ROCA),  
Nova Southeastern University, College of Psychology, Fort  
Lauderdale, FL.  
**Responsibilities:** Advertise and recruit members, manage social media and relations with partnering organizations as well as develop an application and schedule of deadlines. Communicated frequently with various research groups to maintain schedule and organization.  
**Supervisor:** Timothy Razza, Psy.D.
- 08/2015 – Present** Student Member of Graduate Organization for Partnerships and Learning with Adolescents and Youth (GO PLAY) Nova Southeastern University, College of Psychology, Fort Lauderdale, FL.
- 07/2012 – 05/2014** Student member of Psych Society, University of Central Florida, Department of Psychology, Orlando, FL

## **International Experience**

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**08/2014-12/2014**

**Trainee**

*Samaritan Creations*

Bangkok, Thailand

**Responsibilities:** Participated in providing therapeutic services to women living in a group home after leaving the sex industry in the red-light district. Observed psychological services and led dance therapy classes three times per week. Observed treatment planning and worked alongside the group members to build rapport and aid rehabilitation. Also taught English classes and led day camps for children living in poverty.

**05/2011 – 07/2013**

**Team Leader**

*AMOS*

Managua, Nicaragua

**Responsibilities:** Lead teams of students and adults to Managua, Nicaragua over spring break for three years. Teams provided medical relief and collaborated with local community organizations to orchestrate day camps for children in poverty. Organized medical relief services and team strengthening activities.

**03/2011**

**Student Leader**

*Mission Possible*

St. Petersburg, Russia

**Responsibilities:** Volunteered for two weeks at an orphanage and rehabilitation farm for adults with substance use disorder and addiction. Observed group therapy sessions, organized activities for children and facilitated group discussions. Facilitated activities where parents could reunite with their children at the affiliated orphanage.

**03/2010**

**English Teacher / Student Leader**

*Mission Possible*

Moscow, Russia

**Responsibilities:** Taught an English class that consisted of fourteen Russian students, ages ten to fifteen. Taught English through a curriculum of life lessons and motivating lectures. Students came from troubled homes, abusive families, and/or childhoods with notable stressors. Was a peer adviser and confidante to the student body and led team activities.

## **Leadership and Volunteering**

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**08/2017 – Present**

**Youth Group Leader**

*Velocity Student Ministries*

FBC, Fort Lauderdale, FL

**Responsibilities:** Lead the high-school senior class in weekly discussion and lessons. Organizes and facilitates volunteer events with partnering organizations. Mentors students through life stressors, including family, academic, mental health, and social stressors. Provides crisis intervention when needed.

**08/2011 – 03/2014**

**Community Group Leader**

*UCF Cru*

University of Central Florida, Orlando, FL

**Responsibilities:** Established and facilitated a weekly meeting for a group of ten college-aged girls. Co-facilitated a lesson/discussion each week and mentored two of the girls over the length of three years. Organized volunteer events and outreach events.

**08/2012 – 08/2013**

**Dance Therapist**

*PACE Center for Girls*

Orlando, FL

**Responsibilities:** Volunteered with PACE to develop dance therapy classes for delinquent girls enrolled at the Orange County center. Taught choreography and facilitated activities aimed at processing and expressing emotions through movement. Observed therapy sessions and discussed treatment plans and therapy interventions with the staff therapists.

## References

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**Jessica Valenzuela, Ph.D.**

Associate Professor and Clinical Health Psychology Coordinator

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**Yukari Tomozawa, Psy.D.**

Coordinator, Child, Adolescent, and Family Services

Psychology Services Center

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Fort Lauderdale, Florida 33314

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**Michael Carifio, Ph.D.**

Assistant Professor at Nova Southeastern University and Psychology Director, BCC

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